



*The UK's biggest suicide prevention initiative!*

# BATON OF HOPE WREXHAM

*Tour Programme*



**SATURDAY**  
**4TH OCTOBER**  
**2025**



LINKS TO  
ROUTE MAPS



# Croeso...

HELLO, WE'RE SUSAN AND ZOE – AND WE'RE SO PROUD TO WELCOME YOU TO THE WREXHAM LEG OF THE BATON OF HOPE TOUR.

SUSAN, WHO LOST HER SON DANIEL TO SUICIDE IN 2021, CHOSE TO BRING THE BATON TO WREXHAM TO REPRESENT WALES. TO HONOUR DANIEL'S MEMORY AND TO HELP PREVENT OTHER FAMILIES FROM FACING THE SAME HEARTBREAK. SUSAN MET ZOE, WHO'S SOMEONE WHO SURVIVED A SUICIDE ATTEMPT HERSELF, AND WHO NOW WORKS FOR ADVANCE BRIGHTER FUTURES (ABF), A LOCAL MENTAL HEALTH CHARITY AND PROUD LEAD CHARITY PARTNER FOR THIS TOUR.

FROM THE VERY FIRST CONVERSATION, WE KNEW WE SHARED THE SAME PASSION FOR CREATING HOPE AND BRINGING OUR COMMUNITY TOGETHER. AND THEN CAME A MOMENT THAT GAVE US BOTH GOOSEBUMPS – WE DISCOVERED THAT DANIEL HAD WORKED WITH ABF BACK IN 2019. IT FELT LIKE FATE, AND THAT HE HAD BROUGHT US TOGETHER FOR THIS VERY REASON.

THIS DAY IS ABOUT SO MUCH MORE THAN A BATON. IT'S ABOUT CONNECTION, COMMUNITY, AND HOPE. IT'S ABOUT REMEMBERING THOSE WE'VE LOST, CELEBRATING THOSE STILL HERE, AND BUILDING A FUTURE WHERE FEWER FAMILIES KNOW THE PAIN OF SUICIDE.

WE ARE SO PROUD OF EVERY BATON BEARER AND GRATEFUL TO EVERYONE WHO HAS SUPPORTED US TO MAKE THIS DAY POSSIBLE. TOGETHER, WE ARE CARRYING A POWERFUL MESSAGE THROUGH THE STREETS OF WREXHAM.

LET'S MAKE THIS A DAY OUR WHOLE COMMUNITY WILL NEVER FORGET.

SUSAN & ZOE  
PROJECT LEADS, BATON OF HOPE WREXHAM



# Tour Safety

YOUR [SAFETY AND WELLBEING ARE OUR TOP PRIORITY](#). WE WANT EVERYONE TO ENJOY THE DAY IN A SAFE AND SUPPORTIVE WAY.

STOP BY ONE (OR MORE!) OF OUR [HOPE HUBS](#) TO CHEER ON OUR BATON BEARERS, WHERE WE'LL HAVE REFRESHMENTS, ENTERTAINMENT, AND GUEST SPEAKERS TO HELP US CELEBRATE THE BATON'S ARRIVAL.

IF YOU'RE WALKING WITH US, WE RECOMMEND JOINING US AT PLACES SUCH AS CHIRK CASTLE, ERDDIG, BELLEVUE PARK, OR THE PEDESTRIANISED CITY CENTRE TO AVOID BUSY ROADS.

WHEN WALKING WITH US, PLEASE STAY ON PAVEMENTS OR FOOTPATHS WHERE POSSIBLE, CROSS ROADS SAFELY, BE MINDFUL OF OTHER PEDESTRIANS AND TRAFFIC, AND FOLLOW VOLUNTEER DIRECTIONS.

WE'RE ALSO VERY GRATEFUL TO HAVE [ST JOHN AMBULANCE](#) WITH US THROUGHOUT THE TOUR. THEIR TRAINED FIRST AIDERS WILL BE AVAILABLE SHOULD ANYONE NEED [FIRST AID ASSISTANCE](#).



# Looking after you

A DAY LIKE THIS CAN INVOKE LOTS OF DIFFERENT EMOTIONS – EXCITEMENT, PRIDE, SADNESS, REFLECTION. HOWEVER YOU'RE FEELING, [IT'S OKAY TO TAKE A MOMENT FOR YOURSELF](#).

IF YOU'D LIKE A BREAK FROM THE CROWDS, WE'VE ORGANISED TWO [QUIET SPACES](#) SITUATED ALONG THE ROUTE WHERE YOU CAN TAKE TIME OUT. THEY'RE CALM, WELCOMING PLACES WITH TEA, COFFEE AND BISCUITS AND A FRIENDLY FACE IF YOU'D LIKE TO SIT DOWN AND PAUSE FOR A WHILE:

- [WREXHAM RURAL - ST JOHN'S CHURCH, LL14 3EA](#) | 10:30AM – 12:30PM
- [WREXHAM CITY - WELLBEING HUB, LL13 8BG](#) | 2:30PM – 4:00PM

VOLUNTEERS FROM [ENFYS ALICE](#) AND THE [C.A.L.L. HELPLINE](#) WILL BE AT EVERY HOPE HUB TOO. THEY'RE THERE TO OFFER A LISTENING EAR, A BIT OF REASSURANCE, OR SIMPLY SIT WITH YOU IF THE DAY FEELS OVERWHELMING. PLEASE DO APPROACH THEM – THEY'LL BE EASY TO SPOT AND HAPPY TO HELP.

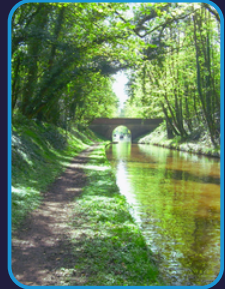
REMEMBER, TAKING A MOMENT TO STEP AWAY, HAVE A CHAT, OR JUST SIT QUIETLY IS ALL PART OF LOOKING AFTER YOURSELF.



# The Tour

## LLANGOLLEN CANAL, CHIRK | 07:30AM

SUSAN WILL ARRIVE BY NARROWBOAT ALONG THE LLANGOLLEN CANAL, CARRYING THE BATON TO OFFICIALLY BRING IT INTO WREXHAM!



## CAFFI WYLFA, CHIRK | 08:00AM - 09:00AM

### Hope Hub

THE FIRST OF OUR SIX COMMUNITY EVENTS WE'RE HOSTING THROUGHOUT THE DAY. EXPECT SPEECHES FROM SUSAN & ZOE ALONG WITH THE CHAIR OF CHIRK TOWN COUNCIL TO KICK OFF PROCEEDINGS. PLUS WE'LL HAVE A SPECIAL PERFORMANCE FROM CHIRK BASED 'LET'S SING BEE HAPPY' SINGING GROUP. ENJOY SOME BREAKFAST WITH US AS WE CELEBRATE THE FIRST BATON BEARER SETTING OFF ON THE WREXHAM LEG OF THE TOUR AND IT'S JOURNEY AROUND CHIRK.



**BATON ARRIVAL: 08:00AM**

**BATON DEPARTURE: 08:50AM**



## CHIRK | 08:50AM - 09:30AM

THE BATON WILL BE TRAVELLING AROUND CHIRK ON FOOT, CARRIED BY OUR BATON BEARERS. WE'LL BE WALKING ALL THE WAY TO THE WHITE GATES OF CHIRK CASTLE BEFORE HEADING TO OUR NEXT HOPE HUB.



**PLEASE NOTE: ALL TIMINGS ARE APPROXIMATE!**

# The Tour

## WHITE GATES, CHIRK CASTLE | 09:30AM

AFTER BEING CARRIED ON FOOT THROUGH CHIRK, THE BATON WILL REACH THE WHITE GATES WHERE IT WILL THEN BE TRANSPORTED BY MOTORCYCLE & SIDECAR TO OUR NEXT HOPE HUB STOP.



## CHIRK CASTLE, CHIRK | 09:30AM - 11:00AM

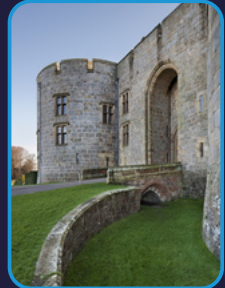
### Hope Hub

JOIN US AT CHIRK CASTLE FOR THE SECOND HOPE HUB OF THE DAY. YOU'LL HEAR FROM THE NATIONAL TRUST TEAM AND GUEST SPEAKER ALED EDWARDS, FOUNDER OF 'SUT MAE DAD? HOW'S DAD?'. ENJOY LIVE MUSIC FROM LLANGOLLEN SILVER BAND, AND CATCH A MEDIEVAL REENACTMENT DISPLAY FROM THE HOUSE OF THE BLACKSTAR. THE BATON BE WALKED UP THE CASTLE DRIVEWAY AND AROUND THE STUNNING CASTLE GROUNDS BY OUR BATON BEARERS.



**BATON ARRIVAL: 10:00AM**

**BATON DEPARTURE: 10:30AM**



## CHIRK - TREVOR | 10:30AM

THE BATON WILL BE TRANSPORTED FROM CHIRK CASTLE AND HEAD FOR OUR NEXT STOP ON THE ROUTE - THE COMMUNITY OF TREVOR AND OUR NEXT HOPE HUB.



**PLEASE NOTE: ALL TIMINGS ARE APPROXIMATE!**



# The Tour

CHAPEL TEAROOM, TREVOR | 10:30AM - 11:30AM

## Hope Hub

OUR THIRD HOPE HUB STOP TAKES US TO THE BEAUTIFUL CHAPEL TEAROOM IN TREVOR. OWNER SALLY ROBERTS AND MICHAEL JEPSON FROM THE AQUEDUCT SUPPORT GROUP WILL SHARE WHY BATON OF HOPE IS MEANINGFUL TO THEM AND THEIR COMMUNITY. ENJOY TEA, COFFEE AND HOMEMADE CAKE, ALONG WITH SOME ENTERTAINMENT AND A SPECIAL UNVEILING OF THE 'BENCH OF HOPE', A GIFT TO THE COMMUNITY.



BATON ARRIVAL: 10:50AM

BATON DEPARTURE: 11:20AM

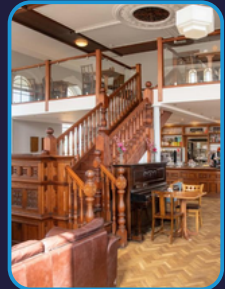
BENCH OF HOPE - TREVOR | 11:00AM

WE'RE INCREDIBLY PROUD TO BE UNVEILING THE VERY FIRST TALKING POINT BENCH IN WALES, DESIGNED AND CARVED BY TREE SCULPTOR SIMON O'ROURKE. PART OF A UK-WIDE INITIATIVE, THIS BENCH OF HOPE IS A LASTING GIFT TO THE COMMUNITY – A PLACE FOR CONNECTION, CONVERSATION, AND RAISING AWARENESS.

EBENEZER GALLERY, CEFN MAWR | 12:05PM

THE BATON WILL LEAVE CHAPEL TEAROOM ON FOOT AND TRAVEL THROUGH THE COMMUNITY OF CEFN MAWR. AT THE EBENEZER GALLERY, THE BATON WILL BE TRANSPORTED BY CLASSIC CAR TO OUR NEXT STOP.

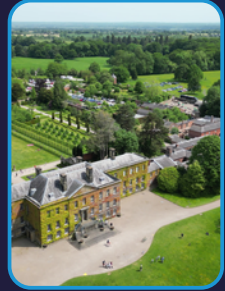
**PLEASE NOTE:** ALL TIMINGS ARE APPROXIMATE!



# The Tour

## ERDDIG, WREXHAM | 12:35PM

THE BATON WILL ARRIVE AT FELIN PULESTON CAR PARK WHERE BATON BEARERS WILL THEN WALK THROUGH THE BEAUTIFUL GROUNDS OF ERDDIG, UP TO THE HALL ITSELF AND BACK AROUND THE MINDFUL MEADOW.



## ABF, WREXHAM | 1:00PM - 3:00PM

### Hope Hub

POP BY ABF'S OPEN HOUSE AND ENJOY A RELAXED LUNCH BUFFET AS WE WELCOME THE BATON TO THE ABF HOPE HUB. HEAR FROM TRUSTEE AND FOUNDING MEMBER ROSEMARIE WILLIAMS, ALONG WITH LIVED EXPERIENCE SPEAKER REBECCA BUTLER. PLUS REBECCA WILL BE SINGING SOME BEAUTIFUL SONGS FOR US, BEFORE THE BATON CONTINUES ITS JOURNEY ON FOOT INTO THE CITY CENTRE VIA BELLEVUE PARK AND EAGLES MEADOW.



BATON ARRIVAL: 1:50PM  
BATON DEPARTURE: 2:20PM



## EAGLES MEADOW, WREXHAM | 3:05PM

AS THE BATON CONTINUES INTO THE CITY CENTRE, WE'LL BE JOINED BY THE KARAMBA SAMBA BAND IN EAGLES MEADOW FOR AN UPLIFTING PERFORMANCE.



**PLEASE NOTE: ALL TIMINGS ARE APPROXIMATE!**



# The Tour

**TY PAWB, WREXHAM | 12:30PM - 4:00PM**

## Hope Hub

THIS HOPE HUB IS HOSTED BY VOICEBOX AND LOCAL ARTIST SOPHIA LEADILL AND WILL BE BUZZING WITH CREATIVITY AND CONVERSATION. JOIN IN WITH THE CRAFTIVISM WORKSHOP IN THE ART SPACE EXPLORING WORDS AND IMAGES OF HOPE, BROWSE INFORMATION STALLS FROM THE MULTICULTURAL HUB, AND TAKE PART IN, OR JUST SIT BACK AND ENJOY, A VOICEBOX OPEN MIC STAGE WITH POETS AND PERFORMERS SHARING POWERFUL MESSAGES.

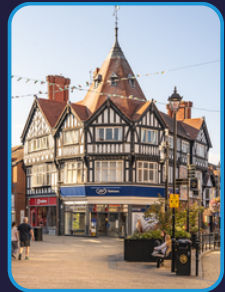
**BATON ARRIVAL: 3:15PM**

**BATON DEPARTURE: 3:40PM**



**WREXHAM CITY CENTRE | 3:40PM - 4:55PM**

THE BATON WILL BEGIN IT'S FINAL STRETCH THROUGH THE STREETS OF WREXHAM CITY CENTRE, PASSING ICONIC SPOTS SUCH AS HIGH STREET, BANK STREET, HENBLAS STREET AND FINALLY WALKING UP HOPE STREET.



**MINERS RESCUE STATION | 2:00PM - 5:00PM**

A CALM, WELCOMING SPACE TO PAUSE, REFLECT, OR SHARE A CUPPA AND A CHAT. LIGHT A CANDLE OF HOPE TO REMEMBER SOMEONE LOST TO SUICIDE OR TO MARK YOUR OWN JOURNEY AS A SURVIVOR.



**PLEASE NOTE: ALL TIMINGS ARE APPROXIMATE!**

# The Finale

CATRIN FINCH CENTRE, WREXHAM UNIVERSITY | 5:30PM - 8:30PM

## *Ticketed event only!*

OUR FINALE EVENT IS A TRUE CELEBRATION OF HOPE AND COMMUNITY, BRINGING THE DAY TO A CLOSE WITH POWERFUL WORDS, MUSIC AND CONNECTION.

THE EVENING BEGINS WITH HIGH-ENERGY ENTERTAINMENT FROM KARAMBA SAMBA BAND AS THE BATON ARRIVES.

WE'LL THEN HEAR FROM MIKE MCCARTHY, FOUNDER OF BATON OF HOPE, WHO WILL SHARE HIS PERSONAL STORY AND THE INSPIRATION BEHIND THIS NATIONAL MOVEMENT.

NEXT, MIKE PALMER FROM 3 DADS WALKING WILL SPEAK ABOUT HIS JOURNEY AND WHY RAISING AWARENESS AROUND SUICIDE PREVENTION IS SO IMPORTANT.

THERE WILL BE A MOVING PERFORMANCE FROM THE SING THEIR NAME CHOIR – A CHOIR CREATED FOR THOSE BEREAVED BY SUICIDE, WHOSE MUSIC CARRIES MESSAGES OF REMEMBRANCE AND HOPE.

FINALLY, LIVED EXPERIENCE SPEAKER LACIE JONES – DAUGHTER OF ONE OF OUR BATON BEARERS AND ADVOCATE FOR YOUNG PEOPLE'S MENTAL HEALTH – WILL SHARE HER PERSPECTIVE AND CALL FOR ACTION.



**PLEASE NOTE: ALL TIMINGS ARE APPROXIMATE!**

# The Finale

CATRIN FINCH CENTRE, WREXHAM UNIVERSITY | 5:30PM - 8:30PM

## *Ticketed event only!*

THE SECOND HALF OF THE EVENING CONTINUES WITH MORE POWERFUL MOMENTS AND INSPIRING VOICES.

ENJOY A PERFORMANCE FROM LOCAL MUSICIAN OSIAN JONES, BRINGING MUSIC AND ENERGY TO THE ROOM.

HEAR FROM LIVED EXPERIENCE SPEAKER MADDY TEMPLEMAN, WHO WILL SHARE HER STORY AND REFLECTIONS ON HOPE.

NEXT, JOHN BELL (ALSO KNOWN AS DADPOOL) WILL SPEAK ABOUT HIS PERSONAL JOURNEY AND WHY SUICIDE PREVENTION MATTERS SO DEEPLY TO HIM.

THIS WILL BE FOLLOWED BY A SPECIAL PERFORMANCE AND TALK FROM LOCAL PERFORMER NATASHA BORTON TO BRING A MOVING CLOSE TO THE EVENING.

THROUGHOUT THE EVENING, YOU CAN ALSO VISIT INFORMATION STANDS FROM LOCAL SUPPORT SERVICES TO LEARN MORE ABOUT WHAT'S AVAILABLE IN OUR COMMUNITY AND TAKE PART IN A CREATIVE "WORDS OF HOPE" ACTIVITY HOSTED BY NAN PICKERING.



**PLEASE NOTE: ALL TIMINGS ARE APPROXIMATE!**

FILL IN  
OUR SURVEY!

*Be part of the conversation!*

**EVERY STORY MATTERS** AND LIVED EXPERIENCE IS POWERFUL.  
TOGETHER, OUR VOICES ARE STRONGER. COMPLETE OUR  
SURVEY AND HELP SHAPE THE FUTURE OF SUICIDE  
PREVENTION IN OUR COMMUNITY.



**HOPE. SUPPORT. COMMUNITY**  
**AWARENESS. CONVERSATION. ACTION.**

*Because suicide prevention is  
everyone's business.*

# Suicide Prevention Training

## FREE TO ATTEND!

AT ABF, WE BELIEVE IN BUILDING STRONGER, MORE RESILIENT COMMUNITIES. THAT MEANS GIVING AS MANY PEOPLE AS POSSIBLE THE SKILLS AND CONFIDENCE TO SUPPORT SOMEONE IN A SUICIDAL CRISIS. THAT'S WHY WE'RE OFFERING FREE SAFETALK TRAINING – THANKS TO GENEROUS SPONSORSHIP FROM KRONOSPAN AND MIDDLEDALE FOODS.

### WHAT IS SAFETALK?

SAFETALK IS A HALF-DAY TRAINING THAT HELPS YOU NOTICE WHEN SOMEONE MAY BE THINKING ABOUT SUICIDE, GIVES YOU THE SKILLS TO START A CONVERSATION, AND SHOWS YOU HOW TO CONNECT THEM WITH HELP.

### WHAT YOU'LL LEARN:

- SPOT SITUATIONS WHERE SUICIDE THOUGHTS MAY BE PRESENT
- RECOGNISE WHEN SOMEONE MAY BE ASKING FOR HELP (EVEN IN SUBTLE WAYS)
- MOVE PAST THE FEAR OF SAYING THE WRONG THING
- APPLY THE TALK STEPS: TELL, ASK, LISTEN, KEEPSAFE
- CONNECT SOMEONE TO LOCAL RESOURCES AND FURTHER SUPPORT

### WHO IS IT FOR?

SAFETALK IS FOR EVERYONE – NO PRIOR EXPERIENCE OR TRAINING NEEDED. WHETHER YOU'RE A PARENT, FRIEND, NEIGHBOUR, COLLEAGUE, OR COMMUNITY MEMBER, YOU CAN LEARN TO MAKE A DIFFERENCE.

### TRAINING DETAILS:

DATE: THURSDAY 20TH NOVEMBER 2025

TIME: 10:00AM – 1:30PM

VENUE: CHIRK (FINAL VENUE DETAILS TO BE CONFIRMED)



# A Special Thank You to our Volunteers & Supporters

AS WE BRING THE BATON OF HOPE TO WREXHAM, WE WANT TO TAKE A MOMENT TO SAY THE BIGGEST, MOST HEARTFELT THANK YOU TO EVERYONE WHO HAS HELPED BRING THIS INCREDIBLE DAY TOGETHER.

TO OUR AMAZING VOLUNTEERS, WHO WILL BE GIVING THEIR TIME, ENERGY AND KINDNESS TO MAKE EACH STOP RUN SMOOTHLY. TO OUR HOPE HUB VENUES – CAFFI WYLFA, CHIRK CASTLE, CHAPEL TEAROOM, ADVANCE BRIGHTER FUTURES, TY PAWB AND WREXHAM UNIVERSITY – FOR OPENING YOUR DOORS AND CREATING WELCOMING SPACES FOR OUR COMMUNITY. TO THE TEAMS AT OUR QUIET SPACES FOR PROVIDING CALM, REFLECTIVE PLACES FOR THOSE WHO NEED THEM ON THE DAY.

WE ARE GRATEFUL TO OUR MEDIA TEAM FOR HELPING US SHARE THE STORY FAR AND WIDE, OUR FUNDRAISERS AND SPONSORS WHOSE EFFORTS HAVE KEPT THE TOUR GOING, AND OUR SUPPORTERS WHO HAVE HOSTED WORKSHOPS, PAINTED BATONS, ORGANISED EVENTS, PROVIDED REFRESHMENTS, AND EVERYONE WHO HAS SUPPORTED US IN COUNTLESS WAYS BEHIND THE SCENES.

YOUR SUPPORT HAS SHOWN US JUST HOW POWERFUL OUR COMMUNITY CAN BE WHEN WE COME TOGETHER WITH A SHARED PASSION FOR HOPE AND SUICIDE PREVENTION. NONE OF THIS TOUR WOULD BE POSSIBLE WITHOUT EACH AND EVERY ONE OF YOU — AND WE WILL NEVER BE ABLE TO THANK YOU ENOUGH.

SUSAN & ZOE X





# *A Special Thank You to our Local Sponsors*



CHIRK TOWN COUNCIL  
CYNGOR TREF Y WAUN



Glyn Wylfa

Y WAUN - CHIRK  
YMDDIRIEDOLAETH DDATBLYGU  
DEVELOPMENT TRUST

**THANK YOU FOR YOUR GENEROUS DONATIONS!**

BATON  
OF  
HOPE  
WREXHAM

